

MGH Support Groups

Updated: 10/2008

All groups are free of charge unless otherwise indicated.

Social Service Main Number (617) 726-2640

Additional groups not listed here can be found by calling the MGH Center for Group Psychotherapy referral line at (617) 724-0824.

Groups are organized by topic and include the following areas:

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**Spanish Speaking Groups Available*

Addiction

ARMS for Parents: Coaching, Coping, & Communication

**(Addiction Recovery
Management Services)**

**Support program for
parents whose
teen/young adult is
struggling with
substance use.**

**Contact: the ARMS
Coordinator at 617-
643-4699**

**Organized by the MGH
Center for Addiction
Medicine.**

WHAT:

- **SUPPORT:** Obtain support from other parents whose teen/young adult is struggling with substance use.
- **EMPOWERMENT:** Gain a better understand and increased ability to cope
- **CONFIDENCE** in dealing with the struggles of addiction

Parents do not need to be participants of the ARMS program to attend this group and may join at anytime. This group is free of charge.

WHEN: Every Monday from 6:00-8:00 PM (beginning May 5, 2008).

WHERE: Group meets at ARMS, MGH Center for Addiction Medicine, 151 Merrimac St, 5th floor, Boston, MA 02114

Pre-registration is required for this FREE group. Contact the ARMS Coordinator at 617-643-4699 or ARMSMGH@partners.org

For further information, please call the ARMS Coordinator at 617-643-4699

Family Alcoholism Education Series

**For patients, family
members and friends
concerned about
someone with an
alcohol or drug
problem.**

**Contact: Maureen
McGlame, LADC1, LCSW
at 617-726-9216**

**Organized by the Blum
Patient and Family
Learning Center.**

The Family Alcoholism Education Series is an ongoing supportive and psychoeducational group hosted by the Blum Patient and Family Learning Center and facilitated by Maureen McGlame, LADC1, LCSW every Thursday evening from 5:30 to 6:30PM in the Blum Center. Topics include: discussions about the disease, effects of alcoholism on children, intervention, treatment, and recovery. The series is open to patients, family members and friends who are concerned about someone with an alcohol or other drug problem. No registration is needed and there is no fee. The Blum Patient and Family Learning Center is located in the Main Corridor of the White Building, on the first floor.

AIDS/HIV

Complementary Perspectives in Healing

For HIV+ adults

Contact: Sandy McLaughlin, MSW at 617-724-0050 and Chuck McCorkle, 617-726-5181

This group is organized by the Social Service Department.

An eight session program focusing on complementary practices. This includes meditation, guided imagery, progressive muscle relaxation, spirituality and more. Admissions are per eight week session.

Parents of Adults Living with HIV

Contact: Sandy McLaughlin, MSW at 617-724-0050

This group is organized by the Social Service Department.

The purpose is to support parents in dealing with having a son or daughter with HIV. This group meets the 2nd and 4th Wednesday of the month. An initial interview is required.

New Dawn Support Group for Those Living with AIDS

For those living with HIV/AIDS

Contact: Vikki E. Segovia at 617-887-4330

This group is organized by the MGH-Chelsea/Revere HealthCenters.

This is a psycho-educational support group open to anyone living with HIV and AIDS. The group is open discussion, is free of charge, and meets every other Wednesday from 12:00 pm-1:30 pm at MGH Chelsea HealthCare Center. Please call Vikki for more information.

<p>*Un Nuevo Amanecer</p> <p>Spanish Speaking Support Group for Those Living with HIV/AIDS</p>	<p>For Spanish speaking individuals living with HIV/AIDS</p>	<p>Contact: Vikki E. Segovia at 617-887-4330</p> <p>This group is organized by MGH Chelsea Healthcare Center.</p>
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This is a psycho-educational support group open to anyone Spanish speaking, living with HIV and AIDS. The group is free of charge, and meets every other Friday from 5:30 pm – 7:00 pm at MGH Chelsea HealthCare Center. Please call Vikki for more information.

<p>Women with HIV</p>		<p>Contact: Sandy McLaughlin, MSW at 617-724-0050 or Jennifer Kubic, LICSW at 617-724-2476</p> <p>This group is organized by the Social Service Department.</p>
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Women in this group support each other in living with this illness. This group meets the 1st and 3rd Friday of the month.

<p>Support Group for Gay/Bisexual Men with HIV</p>	<p>A membership group for gay/bisexual men with HIV who are 50 years or older.</p>	<p>Contact: Chuck McCorkle, LICSW at 617-726-5181</p> <p>This group is organized by the Social Service Department.</p>
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This is a membership support group for HIV positive gay/bisexual men who are fifty years old or older. The group meets on the 2nd and 4th Friday of each month from 11:00 AM to 12:00 PM. This is an on-going group that currently is seeking new members. Contact Chuck McCorkle, LICSW at 617-726-5181 for more detailed information.

Bereavement

Bereavement Support Group

Open to patients and employees of the MGH and Partners Healthcare community

Contact: Susan Primm Thel, MSW at 617-726-2636

This group is organized by the Social Service Department.

This 8-week group, is for people who have experienced the death of a loved one within the past year and a half. For any question, to make a referral or to schedule a pre-group screening interview, please contact the group leader, Susan Primm Thel, MSW, LICSW, at (617) 726-2636. The fee for this group is covered by most insurances and Medicare.

Spousal Loss Support Group

Open to the community who are grieving the loss of a spouse or intimate partner.

Contact: The Bereavement Department at Partners Hospice - 781-894-1100

This group is organized by Partners Hospice.

The Spousal Loss Support Group is a mutual-help group for men and women of all ages and various life situations, who are grieving the loss of a spouse or intimate partner. This group provides members an opportunity to learn about the grief process and receive support from those who are coping with similar circumstances.

Meetings held first and third Tuesday evenings at:

Emerson Hospital
133 Old Road to Nine Acre Corner
Concord, MA 01742

Registration is required. Please contact the Bereavement Department at Partners Hospice to register: 781-894-1100

Directions to Emerson Hospital: From the West (Route 495, 2, 2A): *Follow Route 2 or 2A East to the Concord Rotary. Proceed on Route 2 approximately one mile; Emerson Hospital is located directly after Route 62, on the right.*

From Boston and Route 128: *Follow Route 2 West to Concord. Route 2 takes a sharp turn to the left at the intersection of Route 2A (at the bottom of the hill). Stay on Route 2 past two more intersections, Walden Pond/Route 126 and Sudbury Road. Your next left is Emerson Hospital.*

Cancer

Brain Tumor Support Group

For brain tumor patients and their families

Contact: Michele R. Lucas, LICSW at 617-726-1061

This group is organized by the Social Service Department and funded by the Pappas Center for Neuro-oncology.

This is a support and psycho-educational group for brain tumor patients and their loved ones. The group meets on the 2nd and 4th Mondays of each month from 12:00-1:30PM in Yawkey 10650, except on holidays. There is no need to pre-register, and it is free and open to all. Lunch is served.

Brain Tumor Support Group – Lahey Clinic

For brain tumor patients and their families

Contact: Michele R. Lucas, LICSW at 617-726-1061

Funded by The Brain Tumor Society

This is a support and psycho-educational group for brain tumor patients and their loved ones. The group meets on the 1st and 3rd Mondays of each month from 7:00PM to 9:00PM, except holidays, in Room 5-301, 5th floor, Central Clinic Conference Room at the Lahey Clinic, 40 Mall Rd., in Burlington. There is no need to pre-register, and it is free and open to all.

Lung and Esophageal Cancer Support Group

Drop-in support group for those living with lung or esophageal cancer, mesothelioma, and thymoma.

Contact: Mary Susan Convery, MSW, LICSW at 617-726-1045

This group is organized by the Social Service Department.

WHAT: A drop-in support group for all patients with lung cancer, also open to patients with other thoracic cancers (e.g., esophageal cancer, mesothelioma, thymoma). The group's purpose is to provide a place for patients to be supported as they cope with the demands of diagnosis, treatment, and recovery. *Light refreshments and parking validation will be provided.*

WHEN: The 1st and 3rd Wednesdays of each month, 1:00-2:30pm

WHERE: Yawkey Center for Outpatient Care, 10650

For more information, or to make a referral, please contact Oncology Social Worker Mary Susan Convery, MSW, LICSW, @ (617) 726-1045 or MCONVERY@PARTNERS.ORG

<p>General Breast Cancer Support Group</p>	<p>For patients currently in treatment.</p>	<p>Contact: Corinne Holbrook, MSW, at 617-724-3956</p> <p>This group is organized by the Social Service Department.</p>
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This is a free drop-in support group for patients presently in treatment for breast cancer. The group meets on the 2nd Friday of every month from 12:00 to 1:00 PM, beginning **December 2008**. Meetings are held in the Cancer Resources Room, Yawkey Building, 8th Floor. Please contact Corinne Holbrook, MSW, at 617-724-3956 with any questions.

<p>Newly Diagnosed Breast Cancer Support Group</p>	<p>For patients recently diagnosed with breast cancer.</p>	<p>Contact: Julie Berrett, MSW, at 617-643-2355 to reserve your seat.</p> <p>This group is organized by the Social Service Department.</p>
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This is a free psychoeducational support group for patients recently diagnosed with breast cancer. The group will focus on a variety of topics including what to expect from surgery, how to talk to family members, and tips for healthy eating during treatment. This group meets weekly for six consecutive weeks, with new groups forming every month. Please contact Julie Berrett, MSW, at 617-643-2355 to reserve your seat.

<p>Metastatic Breast Cancer Support Group</p>	<p>This is a group for individuals living with metastatic breast cancer.</p>	<p>Contact: Julie A. Berrett, LICSW at 617-643-2355</p> <p>This group is organized by the Social Service Department.</p>
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This is an ongoing support group for individuals living with metastatic breast cancer. This is a closed group, and requires an intake interview.

Please call Julie A. Berrett, LICSW at 617-643-2355 for an intake interview and information about the start date of the group.

<p>CNS Lymphoma Support Group</p>	<p>For MGH adult in-patient chemo-therapy patients.</p>	<p>Contact: Lisa Lovett, LCSW at 617-724-1340</p> <p>This group is organized by the Social Services Department.</p>
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This is an open, drop-in discussion oriented group for in-patients who come to MGH for methotrexate/chemo-therapy. This group is free of charge. Must be coming to MGH for in-patient chemo-therapy. Meets every Wednesday from 1:30 – 2:30 PM in the Ellison 12 conference room. Contact Lisa Lovett, LCSW, for more information.

<p>Women's Head and Neck Surgical Group</p>	<p>Support for people with oral, head and neck cancers</p>	<p>Contact: Amy Corveleyn, LCSW at 617-724-5258</p> <p>This group is organized organized by the Social Services Department and affiliated with the MGH Cancer Center</p>
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WHAT: It's a new support group for women who have had surgeries on the face, head, neck, or mouth. It includes patients who have trouble swallowing, eating, speaking, or who have facial difference. It is drop-in.
WHEN: This group meets the 3rd Tuesdays of each month from 12:00-1:00 pm
WHERE: The meeting will take place in ACC Wang Building, Social Services
Please contact Amy Corveleyn, LSCW at 617.724.5258 for more information.

<p>Prostate Cancer Support Group</p>	<p>For patients diagnosed with prostate cancer.</p>	<p>Contact: Marilyn Brier, LICSW at 617-726-5841</p> <p>This group is organized by the Social Service Department & the Department of Genitourinary Cancers.</p>
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This is an ongoing support and educational group for patients with prostate cancer. The group meets monthly. Light refreshments are served. Pre-registration is required. Please contact Marilyn Brier at 617-726-5841 for more information.

<p>Prostate Cancer Support Group – Proton Beam Radiation</p>	<p>For patients with prostate cancer who are being treated with proton beam radiation.</p>	<p>Contact: Marilyn Brier, LICSW at 617-726-5841</p> <p>This group is organized by the Social Service Department & the Department of Genitourinary Cancers. .</p>
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This is an ongoing support and educational group for patients who are receiving proton beam radiation. This drop-in group meets on Tuesdays mornings from 10:00 – 11:00 AM. Light refreshments are served. Please contact Marilyn Brier at 617-726-5841 for more information.

<p>Young Adult Cancer Support Group</p>	<p>A support group for individuals 20-40 years old, currently being treated for cancer.</p>	<p>Contact: Amy Corveleyn, LCSW at 617-724-5258 or Corinne Holbrook, MSW at 617-724-3956</p> <p>This group is organized by the Social Services Department and affiliated with the Cancer Center.</p>
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WHAT: This is a support group for men and women ages 20-40, who are currently being treated for cancer. This is a closed group, with intake required.

WHEN: The group meets twice monthly, on the second and fourth Thursday of each month from 4:00PM-5:00PM. Please call for an intake and information about the start date of the group.

WHERE: The group meets in the MGH Cancer Resource Room, located in the Yawkey building, 8th floor.

Please contact Amy Corveleyn, LCSW, at 617-724-5258 or Corinne Holbrook at 617-724-3956 for intake interview or more information.

<p>Parents of Teens with Cancer</p>	<p>For parents of teenagers who are being treated for cancer.</p>	<p>Contact: Elyse Levin-Russman, LICSW at 617-724-0757</p> <p>This group is organized by the Social Service Department.</p>
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Parents of Teens with Cancer is a monthly program for parents to discuss concerns that are specific to those with a teen undergoing cancer treatment. Groups meets one Sunday per month at MGH, Boston. This group coincides with the Teens with Cancer Group, however it is not necessary for the teen to be participating in the teen group. All parents are welcome. Pre-registration is required by contacting Elyse Levin-Russman, LICSW, at 617-724-0757.

<p>Children and Cancer: A Program for Parents</p>	<p>For parents whose children are being treated for cancer.</p>	<p>Contact: Elyse Levin-Russman, LICSW at 617-724-0757</p> <p>This group is organized by the Social Service Department.</p>
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An educational and support program for parents whose children are being treated for cancer. Groups meet in the evenings at MGH, Boston. Topics will vary, and guest speakers are included. Some recent programs have included discussions about parenting, school re-entry after a cancer diagnosis, current topics in research, survivorship and complementary therapies. Pre-registration is required by contacting Elyse Levin-Russman, LICSW, at 617-724-0757. Light dinner and parking are included.

<p>Superb Siblings</p>	<p>For siblings of children with cancer.</p>	<p>Contact: Elyse Levin-Russman, LICSW at 617-724-0757</p> <p>This group is organized by the Social Service Department.</p>
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This is a monthly support program for school aged children (ages 8 – 12), who have a brother or sister with cancer. The group will meet once monthly on Tuesdays from 4:30 to 6:00 PM at MGH, Boston. Pre-registration is required by contacting Elyse Levin-Russman, LICSW, at 617-724-0757.

Caregivers

Alzheimer's Disease Family Support Group

For caregivers and family members of Alzheimer's Disease patients

Contact: Barbara Hawley-Maxam, LSW at 617-724-0055 or Maureen Tardelli, M Ed, CCC at 781-391-7878

This group is organized by the Social Service Department.

The group's purpose is to provide information and support for families coping with Alzheimer's Disease. It is an informational group with occasional presentations. Caregivers are encouraged to bring issues for discussion and the topic changes according to the group's needs. It is a walk-in group that meets the fourth Wednesday (other than November and December) of every month from 1:00 – 3:00 PM in the Yawkey Building, Room 4920, on the MGH campus. Refreshments available. Contact Barbara Hawley-Maxam, LSW, for more information.

Chronic or Disabling Medical Illness

Crohn's Disease and Ulcerative Colitis

Part of the Crohn's and Colitis Foundation of America

Contact: Leonard Karasik, CCFA volunteer at 781-820-4311 or lenkarasik@yahoo.com

This group is organized by CCFA.

This is a support group for patients with Crohn's disease and ulcerative colitis. The group is hosted by MGH and is part of the Crohn's and Colitis Foundation of America (CCFA). The group is free and open to all, and meets the third Tuesday of each month from 6:30-8:30 PM in the Burr 3 conference room located on the third floor of The Bartlett Hall Building (directly across the circular driveway from the Wang entrance). The purpose of the group is to provide mutual support and share information, usually in a roundtable discussion format. Discussion is usually about nutrition, coping, and ways of managing the disease. Occasionally, for educational purposes, there is a guest speaker. Meeting location and dates are also advertised in the CCFA quarterly journal/newsletter. Please contact Leonard Karasik for more information.

<p>It's My Heart Support Group</p>	<p>A group for those affected by Acquired and Congenital Heart Defects.</p>	<p>Contact: Melissa A. Lemieux at 978-328-4716 or melissa.lemieux@itsmyheart.org</p> <p>This group is organized by the It's My Heart - Boston Chapter, Inc.</p>
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WHAT: It's My Heart's mission is to provide support, spread awareness, educate and advocate for those affected by Acquired and Congenital Heart Defects by creating alliances with fellow families, hospitals, support groups, and the community.

It's My Heart meetings are a wonderful place to learn more about CHD and meet other parents and family members that are going through similar situations.

WHEN: First meeting is Thursday, May 8, 2008. Please contact for updated schedule.

WHERE: Group is held in the MGH Yawkey Center, Room 4-930 (4th floor) at 55 Fruit Street, Boston, MA 02114

For more information about the group and/or meeting times please contact:

Melissa A. Lemieux at 978-328-4716 or melissa.lemieux@itsmyheart.org or visit www.itsmyheart.org

<p>Diabetes Support Groups</p>	<p>Diabetes Support Groups for all "graduates" of any MGH Diabetes Self Management Education Program.</p>	<p>This group is organized by the MGH Diabetes Center</p>
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Have you completed a Diabetes Self Management Education Program and now want or need ongoing support?

Massachusetts General Hospital now offers **free** Diabetes Self-Management Support Groups for all "graduates" of *any MGH* Diabetes Self Management Education Program! Groups are offered for people with Type 1 and Type 2 diabetes and participants are invited to bring a friend or relative for further support.

These groups are held in a welcoming and private environment that will let you discuss your concerns with group moderators and other patients with diabetes.

For more information:
http://www.massgeneral.org/diabetes/diabetes_support_groups.htm

Practices with Diabetes Support Groups:

Bulfinch Medical Group

MGH Main Campus
15 Parkman Street
Wang Building, 5th floor
Boston, MA 02114
Contact: Cara Frigand at 617-726-3372 cfrigand@partners.org
Groups meet on 5th floor of Wang Building, BMG Conf. Room

Charlestown Community Health Center (AKA Bunker Hill)

73 High Street
Charlestown, MA 02129
Contact: Eileen McAdams, NP at 617-724-8160 emcadams@partners.org
Groups meet in the Educational Learning Center in the basement of CHCC

Chelsea HealthCare Center

151 Everett Avenue
Chelsea, MA 02150
Contact: Adilson Horta at 617- 887-4600 ahorta@partners.org

Diabetes Associates (AKA Diabetes Center)

50 Staniford Street, 3rd Floor
Boston, MA 02114
Contact: Tiffany Soper, NP at 617-724-5986 tsoper@partners.org

Internal Medicine Associates

MGH Main Campus
15 Parkman Street
Wang Building, 6th Floor
Boston, MA 02114
Contact: Zoila Doherty, RN at 617-726-7944 zdoherty@partners.org

Revere HealthCare Center

300 Ocean Avenue
Revere, MA 02151
Contact: Karen O'Neil at 781-485-6000 kmoneil@partners.org

Developmental Disabilities

Social Skills Group for Children on the Autism Spectrum

For Children 5-16 years old with Asperger's Syndrome, Nonverbal Learning Disabilities and/or High Functioning Autism.

Contact: Sylvia Lewinstein at 617-726-0060 or www.mghyouthcare.org

This group is organized by the MGH YouthCare Program.

YouthCare's social skill Groups focus on skills that are necessary for children to succeed socially, including verbal and non-verbal interaction, becoming part of a group, making friends, identifying and managing feelings, self awareness, and cooperation.

Social Skill Groups: Groups meet one hour per week. Each session includes direct instruction in target skill areas as well as opportunity to practice the skill through carefully designed activities. Communication with families, schools and providers will also be a component of this program in order to generalize skills to other settings. To enroll, an application must be filled out, followed by a screening interview. Groups meet either in our Charlestown or Wellesley site and are \$55 per session.

Extended-Skill Groups: The Extended Skills Program meets 2 days per week, 2 hours per day; direct instruction with activities; less intensive than traditional groups; more interactive play with some social coaching and inclusion opportunities. This program takes place in our Charlestown site and is \$40 per session.

To enroll, an application must be filled out, followed by a screening interview.

Domestic Violence

***De Mujer a Mujer (Woman to Woman)**

Group is Spanish-speaking, free and confidential

Contact: Call HAVEN at MGH Chelsea – 617-887-3513

This group is organized by the HAVEN Program.

This is a Spanish language group for women who have experienced abuse and control in their intimate relationships. The program is designed to help Latina women better understand domestic violence specifically as it pertains to them as a cultural group. This 10-week group will be held at MGH Chelsea and requires a pre-group screening interview. The group is facilitated by HAVEN advocates.

<p>*Mujeres Latinas en Accion</p>	<p>Group is Spanish-speaking, free and confidential</p>	<p>Contact: Call HAVEN at MGH Chelsea - 617-887-3513</p> <p>This group is organized by the HAVEN Program.</p>
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This is a short term support group for women who have completed De Mujer a Mujer (listed above) and who want to further explore intimate partner abuse and its impacts. This group is conducted in Spanish. Call HAVEN at MGH Chelsea - 617-887-3513 for more information.

<p>Women With Abusive or Controlling Partners</p>	<p>Groups are English speaking, free and confidential</p>	<p>Contact: MGH HAVEN Program, 617-724-0054. For Revere referrals, contact 781-485-6108.</p> <p>This group is organized by the HAVEN Program.</p>
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HAVEN runs several short-term support groups. The goals are to break isolation, introduce clients to community resources and HAVEN advocacy services, and provide a supportive network between women with common experiences of abuse and control by an intimate partner. Groups are held at the MGH (617-724-0054) and MGH Revere Health Care Center (781-485-6108). The 90 minute day and evening groups meet for 8-10 weeks, and a brief, in-person-screening interview is required for membership.

Eating Disorders

<p>Short Term Group Therapy for Bulimia Nervosa</p>	<p>For those suffering from bulimia nervosa</p>	<p>Contact: Nicole Simi, Ph.D. at 617-724-6300 x134-0187.</p> <p>This group is sponsored by the Department of Psychiatry</p>
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This is a 12-week, symptom-focused, group therapy meeting for the treatment of Bulimia Nervosa. The group includes interpersonal, cognitive-behavioral, and psychoeducational components. Each group has up to eight members, and the group is held periodically throughout the year by the Eating Disorders Program on the MGH Main Campus. For additional information or referrals, please call the number above.

Mental Health

Please note: The MGH Center for Group Psychotherapy has a number of psychotherapy groups for adults, children, and adolescents which are not listed here. Additionally, they run a number of special interest groups including Dialectical Behavior Therapy. Call the MGH Center for Group Psychotherapy referral line at (617) 724-0824 or visit www.massgeneral.org/grouppsychotherapy/groups.htm for more information.

Cognitive-Behavioral Therapy group for Social Anxiety Disorder

**For individuals with
social anxiety or
performance anxiety
who have primary care
doctors at MGH**

**Contact: Susan Sprich,
Ph.D. at 617-726-5991**

**This group is organized
by the Department of
Psychiatry**

This is a structured, psychoeducational group for the treatment of social anxiety. It meets on Tuesdays from 3:15 to 4:45 PM at One Bowdoin Square. There is a rolling admission for this group, such that individuals are evaluated and then provided with 2-3 sessions of education and background on an individual basis, and then they are able to join the group. The group consists of reviewing out-of-session homework assignments, role-playing, cognitive restructuring and skill building. There is no fixed number of sessions, but individuals are expected to attend regularly once they join the group. There is a fee for this group, however most insurances are accepted. For more information or to set up an intake appointment, contact Susan Sprich, Ph.D. at 617-726-5991.

***Patients must have a Primary Care Physician at MGH to be eligible for participation in this group.**

Adult General Psychotherapy Group

**For individuals 25-70
years old who want to
work on issues that
underlie their problems
and symptoms.**

**Contact: Jennifer
Ragan, PhD at 617-
643-3074**

jragan@partners.org

**Organized by the
Department of
Psychiatry**

This is a long-term, rolling admission, Adult General Psychotherapy Group for individuals 25-70 years old who want to work on issues that underlie their problems and symptoms, which may include, but not restricted to: relationship difficulty, low self-esteem, anxiety, depression, unresolved family-of-origin conflicts. Members must be in individual psychotherapy, must be able to commit to weekly attendance, and commit to 6 months. Most members in the group are fairly high functioning in that they are not struggling with work and do have significant relationships in their lives. This group meets on Wednesdays from 6:00 to 7:15 PM at MGH's main campus outpatient department, Wang building, 8th floor. Some insurance restricted.

<p>Psychodynamic/Interpersonal Group for Adults</p>	<p>For adults aged 20's - 60's.</p>	<p>Contact: Melanie Gentry, M.D., and Gina Duncan, M.D. at 617-643-2701 or call 617-724-6300 ext. 1331063</p> <p>Organized by the Department of Psychiatry</p>
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This is a long-term, rolling admission, Adult General Psychotherapy Group for individuals who want to work on issues that underlie their problems and/or symptoms, which may include, but not restricted to: difficulties forming and maintaining relationships, low self-esteem, anxiety, panic, depression, family conflicts, and social awkwardness/phobia. Minimally, members must be able to commit to 3 month weekly attendance. Most members in the group have mild-moderate functioning impairment which may interfere with their occupation, educational, family or social roles. This group meets weekly on Wednesday from 8:00 to 9:15 AM at MGH's main campus outpatient department, Wang building, 8th floor. Most insurances accepted. Please call for more information regarding intake for membership.

<p>Partners & Spouses of People Living with Bipolar Disorder</p>	<p>Support groups for Partners & Spouses for people living with Bipolar Disorder</p>	<p>Contact Chuck Weinstein, LMHC, NCC at 781-643-7750, groupfacilitator@aol.com</p> <p>Sponsored by the Mood & Anxiety Disorders Institute (MADI) Resource Center of the Massachusetts General Hospital Department of Psychiatry</p>
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Free support groups for Partners & Spouses of people who are suffering from bipolar disorder and are not chronically hospitalized. The peer-facilitated support groups meet at Newton-Wellesley Hospital two Thursday evenings a month. Supervision and consultation is provided by Chuck Weinstein, LMHC, NCC. Rolling admission, however, group members must meet with Chuck first before they attend the group as part of an interview process.

For more information, contact Chuck at (781) 643-7750 or groupfacilitator@aol.com.

Neurology

Family members of patients in the Neurology ICU

Contact: Berney Graham, MSW at 617-726-5840 & Mary Guanci, RN, CNS

This group is organized by the Social Service Department.

Drop-in group for family members of patients in the ICU. The purpose of the group is to provide information about the Blake 12 ICU and answer family members' questions. Discussion about the emotional impact on families and ways to cope is also provided. The group is held weekly, on Wednesdays from 2:00 PM to 3:00 PM. This group's meeting time is subject to change. Please call Berney Graham for further information.

Brain Aneurysm/AVM Support Group

For people diagnosed with brain aneurysms or AVMS, or survivors.

Contact: Dorothy Booth, RN, at 617-726-1611, and Deidre Buckley, NP, at 617-726-3303.

This is an open discussion format group, mixed with a variety of speakers from departments including social service, speech pathology, neurosurgeons/neurologists, occupational health and psychiatry. The group meets once per month, generally the last Monday of every month from 11:00 AM to 12:30 PM in the MGH Yawkey Building. There is no group meeting in December or July. There is no charge for this group. Call Dorothy or Deidre for more information or go to the [Brain Aneurysm Foundation Website](#) for accurate dates/times and speakers for the monthly meetings.

Parenting

Me and My Baby

For new moms

Organized by the OB Family Education Program.

Come meet other new mothers and professional leaders to explore the joys and challenges of motherhood. Have a chance to ask questions, share experiences, make friends, get support, discuss topics and acquire breastfeeding support. This is a drop-in group that meets every Tuesday from 10:00 - 11:30 AM in the Yawkey Building, 2nd floor, Satter Conference Center, Rm 2-210. Visit:

www.massgeneral.org/familyeducation.

Smoking Cessation

MGH Tobacco Treatment Service

Helping smokers become non-Smokers

Contact: MGH Tobacco Treatment Service, at 617-726-7443

This group is organized by the MGH Tobacco Treatment Service.

This is a group counseling program to help smokers learn to become non-smokers. Groups are open to MGH as well as the community. The group meets 1 hour a week for 7 weeks. New groups begin every month, and meet either in the afternoon from Noon-1:00PM, from 2:00-3:00pm or in the evening from 5:30-6:30pm. There is a sliding fee scale. Call for more information or visit: <http://www.massgeneral.org/tts/>

Transplant

Lung Transplant Support Group

Pre and post lung transplant patients and families

Contact: Anne LaFleur at 617-726-2609

This group is organized by the Social Service Department.

Support to facilitate adjustment to transplant/chronic illness and information about the lung transplant process. This ongoing drop-in group is held the 3rd Wednesday of each month from 1:00-2:15 PM. Group is held in the Social Service Department, located in the basement of the Wang Building. Please contact Anne LaFleur for more information.